# Org. Rye Bread with Sunflower Seeds

Pre-baked rye bread. Sliced. Quick-frozen.

Item no.: 10027000

Our Organic Rye Bread is a bake-in-the-bag product that stays light and fresh for longer. We bake it with sourdough, rye and wheat flours, and add sunflower seeds and whole grain rye. The bread is sliced.

**Preparation:**
Preparation: Defrost the bread in the plastic baking bag at room temperature for approx. 5 hours. Bake it in the bag for approx. 35-40 min. at 100°C. Please note the bag may be fragile.

**Allergens:**
Contains Rye, Barley, Wheat and Cereals containing gluten.

**Ingredients:**
Ingredients: Water, **Rye kernels***^ 18%, organic sourdough 17% (**rye flour***^ 11%, water), sifted **rye flour*** 14%, sunflower kernels* 8%, linseed* 5%, **rye flour***^ 3%, **whole grain wheat flour***^ 2%, **barley malt extract***, iodized salt, apple fibres*, dried sourdough (**rye flour***^, sourdough culture), yeast, flour treatment agent (E300). *Organic/^Whole grain.

**Details**

- Items per package: 8
- Storage: -18°C do not freeze after thawing
- Weight: 950 grams
- NetWeight per package: 7600 grams
- Thawing temperature: Room temperature
- Thawing time: 300 min.
- Baking temperature: 100 °C
- Baking time: 35-40 min.
- Qty. per pallet: 56
- Shelf life: 365 days

**Nutrients per 100 g**

| | |
|---|---|
| Energy: | Energy:1013 kJ/242 kcal |
| Fat: | 7 g |
| - hereof saturated fat: | 0.7 g |
| Carbohydrates: | 33 g |
| - hereof sugars: | 2.4 g |
| Dietary fibers: | 8.6 g |
| Protein: | 7.1 g |
| Salt: | 1.1 g |