Organic Wholemeal Rye Bread

Pre-baked rye bread. Quick-frozen.

Item no.: 10000364

Delicious wholemeal rye bread made from organic rye, whole grain rye, linseed, sunflower seeds, oats and wheat flakes. To add that extra little something, we top it with a sprinkling of whole grain rye.

Preparation:

Preparation: Defrost in a plastic bag at room temperature for approx. 3 hours. Remove bag before baking. Bake for 15-18 min. at 180°C. Baking straight from the freezer is not recommended.

Allergens:

Contains Cereals containing gluten, Rye, Wheat and Barley.

Ingredients:

Ingredients: Water, **Rye kernels***^ 21%, sourdough (**rye flour***^ 7%, water), linseed*, sifted **rye flour***, **wheat flour***, **rye flour***^ 5%, **barley malt extract***, cracked **rye kernels***^, iodized salt, yeast, dried sourdough (**rye flour***^, sourdough culture), flour treatment agent (E300). Topping: **rye kernels***^. *Organic/^Whole grain.

Details

Items per package:
8

Storage:
-18°C do not freeze after thawing

Weight:
950 grams

NetWeight per package:
7600 grams

Thawing temperature:
Room temperature

Thawing time:
180 min.

Baking temperature:
180 °C

Baking time:
15-18 min.

Qty. per pallet:
56

Shelf life:
365 days

Nutrients per 100 g

Energy:	Energy:916 kJ/219 kcal
Fat:	5 g
- hereof saturated fat:	0.5 g
Carbohydrates:	33 g
- hereof sugars:	2 g
Dietary fibers:	8.5 g
Protein:	6.5 g
Salt:	1.1 g