Rye Bread with Sunflower Seeds

Pre-baked rye bread with 1% sunflower kernels. Quick-frozen.

Item no.: 10195014

Classic Rye Bread with Sunflower Seeds baked the old-fashioned way with semi-refined rye flour, whole grain rye and sourdough. We add 8% soft sunflower seeds and linseed to give a good crumb and flavour. Finally, we add a sprinkle of toasted sunflower seeds.

Preparation:
Thaw at room temperature in a plastic bag for minimum 5 hours before baking. Remove the bread from the plastic bag and bake it for 15–18 minutes at 180°C. Baking straight from the freezer is not recommended.

Allergens:
Contains Rye, Cereals containing gluten and Barley.

Ingredients:
Ingredients: Water, sourdough (**Rye flour**^ 14%, water), sifted **rye flour** 14%, **rye flour**^ 14%, **rye kernels**^ 8%, sunflower kernels 8%, linseed, **barley malt extract**, iodized salt, caramelised sugar syrup, dried sourdough (**rye flour**^, sourdough culture), yeast. Topping: Sunflower seeds. ^Whole grain.

Details

- Items per package: 8
- Storage: -18°C do not freeze after thawing
- Weight: 950 grams
- NetWeight per package: 7600 grams
- Thawing temperature: Room temperature
- Thawing time: 300 min.
- Baking temperature: 180 °C
- Baking time: 15–18 min.
- Qty. per pallet: 72
- Shelf life: 365 days

Nutrients per 100 g

Energy:	Energy:1041 kJ/249 kcal
Fat:	7 g
- hereof saturated fat:	0.8 g
Carbohydrates:	34 g
- hereof sugars:	2.5 g
Dietary fibers:	8.7 g
Protein:	7.7 g
Salt:	1.2 g