Organic Rye Bread with Wafer

Pre-baked rye bread, Quick-frozen.

Item no.: 10001262

This organic rye bread has a high proportion of soft rye grains, sunflower and pumpkin seeds - this makes for an appealing slice. The flavour is mild and the baking process makes the rye bread crispy on the outside and keeps it moist on the inside. The rye bread is decorated with a wafer labelled 'ØKO' (= organic).

Preparation:

Preparation: Defrost the bread in a plastic bag at room temperature for approx. 5 hours. Remove bag before baking. Bake for approx. 15-18 min. at 180°C. Baking straight from the freezer is not recommended.

Allergens:

Contains Rye, Wheat, Barley and Cereals containing gluten. May contain traces of Sesame seeds.

Ingredients:

Ingredients: Water, **Rye kernels***^ 18%, **rye flour***^ 16%, sunflower seeds* 16%, chopped pumpkin seeds* 7%, **wheat gluten***, **barley malt extract***, iodized salt, **rye sour*** (vinegar*, water, **barley malt extract***, **rye flour***^, acid (E270)), roasted **wheat malt flour***, yeast, wafer* (**wheat flour***, potato starch*, **barley malt extract***). Attached wafer. *Organic/^Whole grain.

Details

Items per package:
14

Storage:
-18°C do not freeze after thawing

Weight:
800 grams

NetWeight per package:
11200 grams

Thawing temperature:
Room temperature

Thawing time:
300 min.

Baking temperature:
180 °C

Baking time:
15-18 min.

Qty. per pallet:
56

Shelf life:
365 days

Nutrients per 100 g

Energy:	Energy:1185 kJ/283 kcal
Fat:	13 g
- hereof saturated fat:	1.7 g
Carbohydrates:	25 g
- hereof sugars:	2 g
Dietary fibers:	7.7 g
Protein:	13 g
Salt:	1.4 g