

# Rye Bread rich in Kernels

Baked rye bread with 35% rye and 42% kernels, sliced. Thaw and serve. Quick-frozen.

Item no.: 10000998



A particularly beautiful and dark rye bread baked with lots of visible grains that give the bread a good bite and a nut-like flavour. A bread that stands out at any meal. Use as a thaw and serve.

**Preparation:**

Preparation: Defrost in the bag at room temperature for 5 hours.

**Allergens:**

Contains Cereals containing gluten, Rye, Wheat and Barley.

**Ingredients:**

Ingredients: Water, **Rye kernels**^ 20%, sunflower kernels 15%, sourdough (water, **rye flour**^ 6%), **rye flour**^9%, pumpkin seeds 6%, **wheat gluten, barley malt extract**, iodized salt, dried sourdough (**rye flour**^, sourdough culture), chopped pumpkin kernels 1%, **barley malt flour**^ 1%, fermented fava bean flour (**wheat, rye, barley, oats**) 1%, fermented **wheat flour** 1%, yeast, salt, **wheat flour** 0,02%, **wheat starch**, flour treatment agents (enzymes (**wheat**)). Topping: Chopped pumpkin seeds 1%. ^Whole grain.

**Details**



Items per package:  
15



Storage:  
-18°C do not freeze  
after thawing



Weight:  
600 grams



NetWeight per  
package:  
9000 grams



Thawing temperature:  
Room temperature



Thawing time:  
300 min.



Qty. per pallet:  
96



Shelf life:  
365 days

**Nutrients per 100 g**

|                         |                         |
|-------------------------|-------------------------|
| Energy:                 | Energy:1157 kJ/276 kcal |
| Fat:                    | 12 g                    |
| - hereof saturated fat: | 1.4 g                   |
| Carbohydrates:          | 27 g                    |
| - hereof sugars:        | 2.3 g                   |
| Dietary fibers:         | 7.9 g                   |
| Protein:                | 12 g                    |
| Salt:                   | 1.4 g                   |