

Organic Wholemeal Rye Bread

Pre-baked rye bread. Quick-frozen.

Item no.: 10000364



We're bakers

Delicious wholemeal rye bread made from organic rye, whole grain rye, linseed, sunflower seeds, oats and wheat flakes. To add that extra little something, we top it with a sprinkling of whole grain rye.

Preparation:

Preparation: Defrost in a plastic bag at room temperature for approx. 3 hours. Remove bag before baking. Bake for 15-18 min. at 180°C. Baking straight from the freezer is not recommended.

Allergens:

Contains Cereals containing gluten, Rye, Wheat and Barley.

Ingredients:

Ingredients: Water, **Rye kernels***^ 21%, sourdough (**rye flour***^ 7%, water), linseed*, sifted **rye flour***, **wheat flour***, **rye flour***^ 5%, **barley malt extract***, cracked **rye kernels***^, iodized salt, yeast, dried sourdough (**rye flour***^, sourdough culture), flour treatment agent (E300). Topping: **rye kernels***^.*Organic/^Whole grain.

Details

-  Items per package: 8
-  Storage: -18°C do not freeze after thawing
-  Weight: 950 grams
-  NetWeight per package: 7600 grams
-  Thawing temperature: Room temperature
-  Thawing time: 180 min.
-  Baking temperature: 180 °C
-  Baking time: 15-18 min.
-  Qty. per pallet: 56
-  Shelf life: 365 days

Nutrients per 100 g

Energy:	Energy:916 kJ/219 kcal
Fat:	5 g
- hereof saturated fat:	0.5 g
Carbohydrates:	33 g
- hereof sugars:	2 g
Dietary fibers:	8.5 g
Protein:	6.5 g
Salt:	1.1 g