

Rye Bread with Sunflower Seeds

Pre-baked rye bread. Quick-frozen.

Item no.: 10195014



We're bakers



Classic Rye Bread with Sunflower Seeds baked the old-fashioned way with semi-refined rye flour, whole grain rye and sourdough. We add 8% soft sunflower seeds and linseed to give a good crumb and flavour. Finally, we add a sprinkle of toasted sunflower seeds.

Preparation:

Preparation: Thaw at room temperature in packaging for minimum 5 hours before baking. Remove the plastic bag before baking.

Baking time: Thawed: Bake approx. 15-18 minutes at 180°C. Baking straight from the freezer is not recommended.

Allergens:

Contains Rye, Cereals containing gluten and Barley.

Ingredients:

Ingredients: Water, sourdough (**Rye flour**[^] 14%, water), sifted **rye flour** 14%, **rye flour**[^] 14%, **rye kernels**[^] 8%, sunflower kernels 8%, linseed, **barley malt extract** 2%, iodized salt, caramelised sugar, dried sourdough (**rye flour**[^], sourdough culture), yeast. Topping: Sunflower seeds. [^]Whole grain.

Details



Items per package:
8



Storage:
-18°C do not freeze
after thawing



Weight:
950 grams



NetWeight per
package:
7600 grams



Thawing temperature:
Room temperature



Thawing time:
300 min.



Baking temperature:
180 °C



Baking time:
15-18 min.



Qty. per pallet:
72



Shelf life:
365 days

Nutrients per 100 g

Energy:	Energy:1034 kJ/247 kcal
Fat:	6.8 g
- hereof saturated fat:	0.7 g
Carbohydrates:	35 g
- hereof sugars:	2.7 g
Dietary fibers:	8.6 g
Protein:	7.5 g
Salt:	1.2 g