Org. Rye Bread with Sunflower Seeds

Pre-baked rye bread. Sliced. Quick-frozen.

Item no.: 10027000

Our Organic Rye Bread is a bake-in-the-bag product that stays light and fresh for longer. We bake it with sourdough, rye and wheat flours, and add sunflower seeds and whole grain rye. The bread is sliced.

Preparation:
Preparation: Defrost the bread in the plastic baking bag at room temperature for approx. 5 hours. Bake it in the bag for approx. 35-40 min. at 100°C. Please note the bag may be fragile.

Allergens:
Contains Rye, Barley, Wheat and Cereals containing gluten.

Ingredients:
Ingredients: Water, **Rye kernels***^ 18%, organic sourdough 17% (**rye flour***^ 11%, water), sifted **rye flour*** 14%, sunflower kernels* 8%, linseed* 5%, **rye flour***^ 3%, **whole grain wheat flour***^ 2%, **barley malt extract***, iodized salt, apple fibres*, dried sourdough (**rye flour***^, sourdough culture), yeast, flour treatment agent (E300). *Organic/^Whole grain.

Details

- Items per package: 8
- Storage: -18°C do not freeze after thawing
- Weight: 950 grams
- NetWeight per package: 7600 grams
- Thawing temperature: Room temperature
- Thawing time: 300 min.
- Baking temperature: 100 °C
- Baking time: 35-40 min.
- Qty. per pallet: 56
- Shelf life: 365 days

Nutrients per 100 g

Energy:	Energy:1013 kJ/242 kcal
Fat:	7 g
- hereof saturated fat:	0.7 g
Carbohydrates:	33 g
- hereof sugars:	2.4 g
Dietary fibers:	8.6 g
Protein:	7.1 g
Salt:	1.1 g