# Twisted Cardamom Bun

Unbaked, pre-proved soft dough. Frozen.

Item no.: 10000990

A large, twisted bun baked with traditional soft dough that gives it a superbly soft texture that teams up well with the spicy cardamom filling. The twisted bun shape has a rustic look.

**Preparation:**
Preparation: Defrost at room temperature for 45 min. Bake for approx. 16 min. at 180°C (convection oven).

**Allergens:**
Contains Cereals containing gluten, Eggs, Milk and Wheat. May contain traces of Tree nuts, Sesame seeds, Hazelnut and Walnut.

**Ingredients:**
Ingredients: **Wheat flour**, water, sugar, palm oil, rapeseed oil, yeast, brown sugar (sugar, canesugar molasses), modified starch, whey powder (**milk**), dextrose, cardamom, **wheat gluten**, pasteurized **egg**, vegetable emulsifiers (E471, E472e, E481), raising agents (E450, E500), stabilisers (E440, E412, E401, E516, E450), salt, colours (E170, E160a), coconut oil, **whole milk powder**, flour treatment agents (xylanase (**wheat**), amylase (**wheat**), E300), natural flavouring, glucose syrup, acidity regulator (E330), **milk protein**.

**Details**

Items per package:
40

Storage:
-18°C do not freeze after thawing

Weight:
160 grams

NetWeight per package:
6400 grams

Thawing temperature:
Room temperature

Thawing time:
45 min.

Baking temperature:
180 °C

Baking time:
16 min.

Qty. per pallet:
56

Shelf life:
365 days

**Nutrients per 100 g**

| | |
|---|---|
| Energy: | Energy:1403 kJ/335 kcal |
| Fat: | 16 g |
| - hereof saturated fat: | 5.8 g |
| Carbohydrates: | 42 g |
| - hereof sugars: | 17 g |
| Dietary fibers: | 1.6 g |
| Protein: | 5.2 g |
| Salt: | 0.44 g |