

# Rustic Porridge Rolls Mixed Carton, approx. 85 g

Item no.: 10000308



A mixed box of Rustic Porridge Rolls has something for everyone. The mixed carton contains three delicious varieties: Rustic Porridge Rolls Muesli, Rustic Porridge Rolls Rye, Rustic Porridge Rolls Oats. We bake all three to a unique oatmeal recipe that produces a deliciously tender crumb.

## Baking instructions:

Baking instructions: Thaw at room temperature in packaging for minimum 1 hour. Baking time: Thawed: bake for approx. 5 minutes at 180 °C in a preheated oven. Baking directly from frozen is not recommended.

## Allergens:

Contains **cereals containing gluten** May contain traces of **sesame seeds**

## Ingredients:

Muesli roll with 49% porridge

Ingredients: Water, **Wheat flour**, **whole grain wheat flour**, **oat meal** 10%, **wheat kernels** 6%, linseed 5%, **wheat gluten**, rapeseed oil, sunflower seeds 3%, **barley flakes** 3%, iodised salt, dried sourdough (**wheat flour**, sourdough culture), dry yeast, stabiliser (E415), **rye flour**, flour treatment agents (enzymes (**wheat**), E300). Sprinkled with sunflower seeds, linseed and **barley flakes**.

Rye roll with 47% porridge

Ingredients: Water, **Wheat flour**, **rye flour** 12%, **oat meal**, sour dough (**rye flour** 4%, water), **rye kernels** 6%, **wheat gluten**, chia seeds (*salvia hispanica*), rapeseed oil, **barley malt extract**, iodised salt, dry yeast, stabiliser (E415), flour treatment agents (E300, (enzymes (**wheat**))). Sprinkled with **rye flour**.

Oats roll with 49% porridge

Ingredients: Water, **Wheat flour**, **oatmeal** 13%, millet flakes, **durum wheat flour**, **whole grain wheat flour**, **wheat gluten**, sunflower seeds, rapeseed oil, iodised salt, dried sourdough (**wheat flour**, sourdough culture), dry yeast, stabiliser (E415), **rye flour**, flour treatment agents (enzymes (**wheat**), E300). Sprinkled with **oats**.

## Details



Items per package:  
45



Weight:  
85 grams



NetWeight per package:  
3825 grams



Thawingtemperature:  
Room Temperature



Thawing time:  
60 min.



Bakingtemperature:  
180 °C



Baking time:  
5 min.



Qty. per Pallet:  
40

**Nutrients per 100 g**

Muesli roll with 49% porridge

Energy:	1167 kJ/278 kcal
Fat:	8 g
- hereof saturated fat:	0.8 g
Carbohydrates:	37 g
- hereof sugars:	1.1 g
Dietary fibers:	5.6 g
Protein:	11 g
Salt:	1.5 g

Rye roll with 47% porridge

Energy:	1083 kJ/257 kcal
Fat:	5.3 g
- hereof saturated fat:	0.6 g
Carbohydrates:	39 g
- hereof sugars:	2.1 g
Dietary fibers:	6.3 g
Protein:	10 g
Salt:	1.5 g

Oats roll with 49% porridge

Energy:	1134 kJ/269 kcal
Fat:	6.3 g
- hereof saturated fat:	0.7 g
Carbohydrates:	40 g
- hereof sugars:	1.1 g
Dietary fibers:	3.6 g
Protein:	11 g
Salt:	1.4 g