

# Viking, 20 slices, approx. 1000 g

Item no.: 10220100



We pay special attention to the flavour and texture of this soft traditional rye bread. Country-style Viking is a wholemeal bread. We bake it with rye flour and sourdough, and add soft rye kernels. Classic frozen product. The bread is sliced.

## Baking instructions:

Defrost in the bag for at least 5 hours at room temperature. No need to bake.

## Allergens:

Contains **wheat and cereals containing gluten** May contain traces of **sesame seeds**

## Ingredients:

Ingredient: sour dough (water, **Rye flour\*** (eu)\*, sour dough culture), **rye flour\***, water, **rye kernels\***, **wheat flour**, salt added jod, syrup, **rye fiber**, **rye flakes\***, vinegar, **barley malt extract**, yeast.  
Topping : Rye flakes\*. \*: Whole grain. May contain traces of: sesame.



## Details

- Items per package: 9
- Storage: -18°, do not freeze after thawing
- Weight: 1000 grams
- NetWeight per package: 9000 grams
- Thawingtemperature: Room Temperature
- Thawing time: 300 min.
- Qty. per Pallet: 72
- Shelf life: 365 days

## Nutrients per 100 g

Energy:	846 kJ/200 kcal
Fat:	0.9 g
- hereof saturated fat:	0.2 g
Carbohydrates:	38 g
- hereof sugars:	2.4 g
Dietary fibers:	8.7 g
Protein:	5.9 g
Salt:	1.2 g