

# Rustic Chia Bread, approx. 500 g

Item no.: 10000103

Pre baked



Rustic Chia Bread is a high-fibre brown bread. We bake it with rye sourdough and add carefully selected ingredients, including chia and sunflower seeds, linseed, malt and cocoa. Has a characteristic intense, dark flavour.

#### Allergens:

Contains **wheat**, **cereals containing gluten and barley**  
May contain traces of **sesame seeds**










#### Ingredients:

Ingredient: **Wheat** flour, water, sunflower seeds, linseed, **rye** flour, chia seeds 3%, **barley** malt extract, segregated palm oil, iodized salt, **barley** flour, **wheat gluten**, dried yeast, cacao, rapeseed oil, vegetable emulsifiers (E 472e), stabilizers (E 412), flour treatment agent (E 300). Topping: Chia seeds, linseed and sunflower seeds. May contain traces of: **sesame** seed

#### Nutrients per 100 g

Energy:	1189 kJ/283 kcal
Fat:	8 g
- hereof saturated fat:	1.7 g
Carbohydrates:	40 g
- hereof sugars:	2.3 g
Dietary fibers:	5.4 g
Protein:	10 g
Salt:	1.4 g

#### Details

-  Weight: 500 grams
-  NetWeight per package: 4000 grams
-  Items per package: 8
-  Qty. per Pallet: 40
-  Thawingtemperature: Room Temperature
-  Thawing time: 180 min.
-  Bakingtemperature: 180 °C
-  Baking time: 10 min.
-  Shelf life: 365 days

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