

# Organic Fibre Bread, approx. 585 g

Item no.: 18237100



Fibre-rich brown bread baked with wheat. Rye and wholemeal wheat flours and a generous dash of cracked wheat, sunflower seeds and linseed. Crispy and light, country-style bread.

## Baking instructions:

Baking instructions: Defrost in packaging for at least 3 hours at room temperature before baking. Baking time: about 12 minutes at 180 °C.

## Allergens:

Contains **wheat, cereals containing gluten, rye and barley** May contain traces of **sesame seeds**

## Ingredients:

Ingredient: water, **Whole grain wheat flour\***, **wheat flour\***, cracked **wheat kernels\*** 12%, sunflower seeds\* 3%, linseed\* 3%, **rye flour\***, **wheat gluten\***, **barley malt extract\***, bolted **rye flour\***, rapeseed oil\*, cane sugar\*, iodized salt, dry yeast, flour treatment agent (E300). Topping: bolted **rye flour\***. \*: Organic



## Details



Items per package:  
9



Storage  
-18°, do not freeze after  
thawing



Weight:  
585 grams



NetWeight per package:  
5265 grams



Thawingtemperature:  
Room Temperature



Thawing time:  
180 min.



Bakingtemperature:  
180 °C



Baking time:  
12 min.



Qty. per Pallet:  
40



Shelf life:  
365 days

## Nutrients per 100 g

Energy:	1074 kJ/255 kcal
Fat:	5.2 g
- hereof saturated fat:	0.6 g
Carbohydrates:	39 g
- hereof sugars:	3 g
Dietary fibers:	6.1 g
Protein:	10 g
Salt:	0.96 g